

## SF 8 Questionnaire

**1. Overall, how would you rate your health during the past 4 weeks?**

Excellent     Very good     Good     Fair     Poor  Very poor

**2. During the past 4 weeks, how much did physical health problems limit your usual physical activities (such as walking or climbing stairs)?**

Not at all     Very little     Somewhat     Quite a lot     Could not do physical activities

**3. During the past 4 weeks, how much difficulty did you have doing your daily work, both at home and away from home, because of your physical health?**

None at all     A little bit     Some     Quite a lot     Could not do daily work

**4. How much bodily pain have you had during the past 4 weeks?**

None     Very mild     Mild  Moderate     Severe     Very Severe

**5. During the past 4 weeks, how much energy did you have?**

Very much     Quite a lot     Some     A little     None

**6. During the past 4 weeks, how much did your physical health or emotional problems limit your usual social activities with family or friends?**

Not at all     Very little     Somewhat     Quite a lot     Could not do social activities

**7. During the past 4 weeks, how much have you been bothered by emotional problems (such as feeling anxious, depressed or irritable)?**

Not at all     Slightly     Moderately     Quite a lot     Extremely

**8. During the past 4 weeks, how much did personal or emotional problems keep you from doing your usual work, school or other daily activities?**

Not at all     Very little     Somewhat     Quite a lot     Could not do daily activities

**Thank you for completing these questions!**