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Participant sticker

The ADDITION Study:
a study about screening for diabetes

ISRCTN No. 99175498

**One Year
Measurement Questionnaire**

**To be completed by a member
of the research team**

Clinical Measurements

Name of Patient GP:

Blood Pressure

Arm diameter . cm

Right or left arm Right Left

Cuff size Medium Large

	<u>First</u>	<u>Second</u>	<u>Third</u>
Systolic	<input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/>
Diastolic	<input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/>
Pulse Rate	<input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/>

Clinical Measurements

Waist circumference 1. . cm

2. . cm

Height . cm

Weight . kg

Impedance : Check pacemaker exclusions

Fat percentage . %

Measurement Completed by:

Urinalysis results

Glucose	Ketone	Sp Gravity	Blood	pH	Protein	Nitrate	Leucocytes

Measurement Completed by:

Comments

This page to be retained by the measurement centre

Oxygen consumption/heart rate data

Height . cm Weight . kg Sex

DOB Max HR

90% HR 80% HR

REST TEST Start, real time: : :	VO ₂	HR From Polar
04:00		
05:00		
06:00		

Synchronise real time with computer real time using Polar heart rate monitor

STAGE Km/h Slope %	RAMP TEST Start, real time: : :	VO ₂	HR From Polar
3.2 km/h 0%	01:00		
	02:00		
	03:00		
	04:00		
	05:00		
4.2 km/h 0%	06:00		
	07:00		
	08:00		
5.2 km/h 0%	09:00		
5.2 km/h 2%	10:00		
5.2 km/h 4%	11:00		
5.2 km/h 6%	12:00		
5.4 km/h 7.4%	13:00		
5.6 km/h 8.8%	14:00		
5.8km/h 10.2%	15:00		

RECOVERY TEST Start, real time: : :	VO ₂	HR From Polar
00:15		
00:30		
00:45		
01:00		
01:15		
01:30		
01:45		
02:00		

COMMENTS

Date of Test

Measurement Completed by: