

Do not fill in fields marked with grey
Reserved for coding

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Dutch patient ID

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Date of birth:

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 -

1	9		
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Day Month Year

Today's date:

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2	0	0	
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Day Month Year

General health questionnaire completed: Yes No

If no, why: _____

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Height:

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 cm

The person must be measured without shoes

Waist:

Waist is taken 2 times. If the difference between measurement 1 and 2 is > 3 cm, measure waist for a third time.

1:

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 .

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 cm

2:

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 .

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 cm

3:

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 .

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 cm

The circumference is measured corresponding to midway between costal margin and iliac crest (see instructions)

Does the participant have a pacemaker? Yes No

Weight:

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 kg

The person must be weighed without coat and shoes

Impedance:

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 ohm

Fat percentage

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 .

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 %

ECG

ECG taken? Yes No If no, why: _____

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Comments on Page 1: _____

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Bloodpressure

Arm circumference: . cm

Arm on which BP was taken: Right Left
- Right arm is default

Cuff size: Medium Large

BP is taken 3 times at 1 minute intervals.

The person must

- have rested for 10 minutes
- be silent
- be in a sitting position

BP is measured

- at the right arm
- with OMRON M4
- with the right size of cuff
standard-sized cuff: 12.5 cm (MEDIUM)
arm measuring >32 cm in circumference: cuff size 16 cm (LARGE)

	Systolic	Diastolic	Pulse:	
BP 1:	<input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/>	beat/min.
BP 2:	<input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/>	beat/min.
BP 3:	<input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/>	beat/min.

Clinical measurements taken by (initials):

Blood and urine tests

Blood sample taken: Yes No

Urine sample taken: Yes No

If blood and urine are not taken
(partly or entire), please state why: _____

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Blood and urine samples taken by (initials):

Comments on Page 2: _____

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